

Intermediate Level Lessons

\$40 per Class

Golfers can customize their lesson experience by selecting as few or as many lessons as desired. All lessons are taught in a fun, comfortable, and supportive environment. Members and non-members are welcome, invite your friends! Max. 5 participants per class. Each lesson is one hour.

Short Game | Saturday, May 12 | 10:30am - 11:30am

Given that 60% of your game is played from inside 100 yards, your short game shots can really improve your score. The focus of this clinic will be getting up and down, being more accurate with wedge shots, and dialing in those 50-60 yard shots.

Bunkers | Saturday, May 12 | 12:00pm - 1:00pm

How many shots does it take you to get out of the sand? Do some shots trickle out while others zoom over the green? If you want to feel more confident in the sand, then this lesson is for you. Greenside bunkers, fairway bunkers, and club selection will be reviewed in this lesson.

Putting | Saturday, May 12 | 1:30pm - 2:30pm

The average number of putts (for those of you in double digits) is 3.1 times per hole and that's a generous number. What this means is that on an average day, you will take somewhere around 40 plus swings with that trusty club. So ask yourself this: How many putts do you have per round? Do you want to stop 3 putting? If you answered yes, then this lesson is for you. In this clinic we will work on short putts, tempo, and green reading. You will also leave the lesson with some great putting drills to work on.

Swing for Power | Wednesday, May 16 | 7:00pm - 8:00pm

Who doesn't want to hit the golf ball further with some accuracy? Does your 9 iron go the same distance as your 7 iron? In this lesson we will be reviewing how to swing for power and accuracy and help you understand where power comes from in a golf swing.

Playing Lesson | Tuesday, May 22 | 7:30pm - 8:30pm

This lesson is for you if you've said to yourself on the course "well that was a silly shot!" Sometimes things don't go the same on the course as they do on the range, so course management will be a topic of discussion during your play. Join us afterwards in the lounge for some laughs, and to discuss how the round went. Max 4 participants.

Private Group Lessons

If you have a group of girlfriends who want to learn how to golf, have a group social activity, or take your game to the next level, private group lessons are available. These private group lessons are completely customizable from dates, times, topics, and number of lessons. For example, you could book four group lessons, each lesson with a different topic, or you could simply book one lesson on the driving range. These lessons are also great for corporate activities and team building. Reservations in the Regal Taps Lounge can be made for lunch, dinner or drinks after the lesson. The options are endless! Equipment is provided at no charge for the lessons for anyone who requires them. Please contact Kim Valleau kvalleau@thewinstongolfclub.com for more information and assistance in booking.



THE WINSTON™
GOLF CLUB

Ladies Programs

To book lesson or for more information about lessons, please contact Kim Valleau at 403-984-1703 or kvalleau@thewinstongolfclub.com

Dates and times are subject to change. Please visit the website for up-to-date information.

2502 6th St. NE | Calgary, AB
403-984-1700
thewinstongolfclub.com

Overview

The Winston Golf Club is pleased to host ladies only golf lessons. All lessons are taught by PGA of Canada Golf Professional, Kim Valleau, in a fun, comfortable, and supportive environment. Members and non-members are welcome, invite your friends! There is a program for every level of golfer.

A cancellation fee may apply if canceled within 4 days of lesson. Minimums are required for each session to run. If a lesson needs to be canceled because of inclement weather, the instructor will do her best to reschedule to accommodate everyone's schedule, but there are no make-up dates if participants can't attend the make-up class, or a regularly scheduled lesson in a group lesson.

To book lesson or for more information about lessons, or to view the most up to date lesson dates and times, please visit thewinstongolfclub.com or contact Kim Valleau at 403-984-1703, kvalleau@thewinstongolfclub.com

How Do I Start!?! Sunday, May 6, | 4:00pm - 5:00pm

This one hour lesson will take place on the driving range. This is a one-time introductory class where you will learn the basics to get you started and to see if you want to commit to more lessons. Included with the lesson fee are clubs and unlimited range balls. \$20 per person. Sign up with a friend! An email will be sent prior to the lesson with lots of info in it so you can feel relaxed at the course.

Never Touched a Club!

Beginner Clinic (3 Classes, 4 hours) \$160 per person

This clinic is for you if you've never held a club or have only played a few times. Everyone in this clinic will be at the beginner level and everyone will feel welcomed and supported. This clinic will teach you everything you'll need to get started in golf. The things you might worry about like what to wear, how to drive a cart, what are all the different clubs for, what's a tee, how to hold the club, etc will be reviewed. In addition, you will be guided onto the golf course and put your skills into action in a friendly environment. Clubs will be provided at no charge for those that need them. Max 4 participants.

Welcome to the Course, Putting & Short Game | Monday, May 7 | 6:00pm - 8:00pm

What to wear, types of golf courses, equipment, how to drive a cart, how to get around the clubhouse and practice areas, and social benefits will be reviewed. Putting is one of the most important parts of the game of golf. Master the basics of putting and chipping.

Full Swing | Monday, May 14 | 6:00pm - 7:00pm

Learn how to "grip it and rip it!" This class provides the basics to get you started on the full swing.

Playing Lesson Date | Monday, May 21 | 7:30pm - 8:30pm*

Enjoy this 1 hour playing lesson on the golf course. In this playing lesson you will get comfortable with a full swing, learn what clubs to use from where and when to use them, learn golf lingo, etiquette, and have fun on the course.

Girlfriend's Guide to "Beginner-ish" Golf

**Beginner Clinic (3 Classes, 4 hours)
\$160 per person**

This clinic is for you if you've taken golf lessons in the last few years, but haven't played a lot of golf, and need a refresher (or a boost of confidence!). Each session will focus on the various golf skills you will use while playing. In addition, you will be guided onto the golf course and put your skills into action. Clubs will be provided for those that need them at no additional charge. Max 4 participants.

Full Swing & Short Game | Wednesday, May 9 | 6:00pm - 8:00pm

Learn the basics of one of the "scariest" parts of golf, the full swing (I promise, I'll make this super easy to learn for any skill level). In this lesson, you will also learn how to chip and hit shots around the green.

Putting Date | Wednesday, May 16 | 6:00pm - 7:00pm

Putting is one of the most important parts of the game of golf. Master the basics of putting.

Playing Lesson Date | Wednesday, May 23 | 7:15pm - 8:15pm

Enjoy this one hour playing lesson on the golf course. In this playing lesson you will get comfortable with a full swing, learn what clubs to use from where, learn golf lingo, and learn a bit of etiquette so you can have fun and feel confident on the course. We will also review "slow play" so you can enjoy your time on the course.

"If your husband can't break 100 and gives you swing tips, it's time to take a fun lesson with me."